

A Guide to Community Resources in Bay County

Published by
The Bay County Department on Aging

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Bay County Department on Aging

515 Center Avenue Suite 202, Bay City, MI 48708 (989)894-4100 or Toll Free (877) 229-9960

Website: http://www.baycounty-mi.gov/Aging/

The Bay County Department on Aging is dedicated to providing continued opportunities for the 60 and better population within our community by maintaining independence, offering social opportunities, and enhancing their lives through quality services in a cost-effective manner.

Programs and services include:

Activity Centers: A place where people 60 years and better can enjoy social activities, health related activities, and a nutritious meal with an emphasis on aging well. A suggested donation of \$2.50 for the meal is welcome. Reservations must be made 24 hours in advance by contacting the desired Activity Center. Menus are located in several area publications or by calling the Department on Aging. Each Activity Center offers an array of different activities and opportunities. (See the Wonderful Times Newsletter for specific monthly opportunities, times, and phone numbers.) Additional special events and programs are extended to our 60 and better participants including: wellness programs, exercise classes, support groups, in-services, Olympic Games, outings, day trips, and instructional classes.

<u>Caregiver Support and Education Program:</u> This program is designed to help family members who are struggling to care for their loved ones who are ill or have disabilities. The caregiver is the focus of attention. Education on the physical, emotional, and spiritual aspects of caregiving is provided. A major goal is to help the caregiver learn to take care of her/himself in order to preserve their ability to care for their loved one. The program offers specialized training materials for caregivers for those with dementia. There is no cost for the program; however, either the caregiver or the care receiver must be age 60 or over and a resident of Bay County.

<u>Case Management:</u> Case Managers complete in home visits to evaluate seniors' needs. Case managers are able to help assist with access to programs such as Home Delivered Meals, Homemaking, Personal Care, and referrals to other agencies and programs as needed.

<u>Community Based Services:</u> Services include activity/meal centers, volunteer opportunities, day trips, special events, and education/support groups.

<u>Handyman Program:</u> "Light" home repair program, fee based on income. Client responsible for materials. Handyman **is not** a licensed contractor, electrician, or a plumber. Any job requiring a permit, or a licensed professional will be denied.

<u>Home Delivered Meals:</u> Home delivered meals can be provided to homebound seniors age 60 and better who meet eligibility requirements for the program. Meals are provided on a suggested donation basis.

<u>Homemaking:</u> Individuals age 60 and better who have physical limitations that prevent them from completing light housekeeping or shopping duties may sign up for the Homemaking Program. A case manager will conduct a home visit to assess need and explain services.

Services are targeted to those in greatest economic need and/or greatest social need. There is a suggested hourly donation for the service. Due to demand, there will be a waiting list for this program.

<u>Personal Care:</u> Homebound individual age 60 and better who need help with personal care services, such as bathing, may contact Bay County Department on Aging to request the services. Trained Home Health Aides visit the home to provide services. A Registered Nurse or Social Worker completes the initial home visit to assess need, determine hourly suggested donation, and explain services. Due to demand, there will be a waiting list for this program.

<u>Volunteer Opportunities:</u> For those who want to live and age well, the Bay County Department on Aging is a non-profit organization committed to serving the 60 and better residents live as independently as possible in their own homes. Volunteers are needed to help with this mission. Some volunteer opportunities include transportation, grocery shopper, garden helper, food commodities delivery, activity center helpers, special event helpers, and committee servers. An application process is required, and background checks are completed. For more information call Patty at (989) 895-4100.

<u>Weather Closing Procedures:</u> During the cold weather months the Department on Aging will sometimes close Activity Centers and Home Delivered Meal routes due to road conditions and/or extreme weather. When the Department on Aging makes the decision to close routes or centers, the notice is under "Bay County Department on Aging, no meals/sites closed". Calls can be made to the Department on Aging if a participant is unsure of the status of their meal. Closings will be listed on the following TV stations: WNEM-TV 5, WJRT-TV 12, and WEYI-TV 25.

<u>Abuse in Later Life:</u> If you suspect abuse, neglect, or financial exploitation, call Michigan's statewide hotline at 1-855-444-3911.

Personal Emergency Response Systems (PERS)

Every second counts when you experience a fall, medical issue, or other emergencies. Your recovery and independence can be at risk if you are alone and medical care is delayed.

PERS are commonly referred to as "Lifeline" units and they summon help with a simple push of a button. These medical alert systems are worn at all times by the individual and can be purchased in either a pendant (necklace), wrist band design, belt clip, or be placed in a pocket. Almost all systems are waterproof. Most medical alert systems have a one-time installation fee with ongoing monthly rental fee thereafter. Some hospitals and social service agencies can pay for low-income recipients. These units guarantee you the peace of mind that prompt and caring assistance will be provided 24 hours a day, 365 days a year. Some units may offer additional add on features including fall detection, medication dispensers, bed mats, wander guards, or wall buttons.

Individual businesses should be contacted to inquire about their unit's specifics, lost and/or add on features.

Alert One

1-888-899-9407

https://www.alert-1.com/

Guardian Medical Monitoring

1-800-782-9688

https://guardianalarm.com/medical/

Life Station

1-877-478-3390

https://www.lifestation.com/

Medical Alert

1-800-800-2537

https://medicalalert.com/

Phillips Lifeline

1-855-600-6127

https://www.lifeline.phillips.com/

Legal Planning

The following is a list of attorneys in the area that specialize in elder care law. They can help and explain issues related to Durable Power of Attorney for medical and finances, Guardianships, Conservatorships, Wills, Trusts, Estate Planning, and Legal Planning fort those 60 years and better, that are residents of Bay County.

Region VII Area on Aging

1615 S. Euclid Avenue, Bay City, MI 48706 (989) 893-4506

Chalgian and Tripp Law Offices

4800 Fashion Square Blvd, Suite 455, Saginaw MI 48604 (989) 272-7779

5820 Eastman Ave, Suite 1000, Midland MI 48640 (989) 423-1200

Norman Harrison

805 S. Michigan, Saginaw, MI 48602 (989) 790-7177

Carol Thomas

5191 Hampton Pl., Saginaw, MI 48604 (989) 793-2300

Robert Dunn

1020 N. Johnson St., Bay City, MI 48708 (989) 894-1110

Seward Tally & Piggot P.C.

1009 Washington Ave, Bay City, MI 48708 (989) 892-6551

Lambert Leser P.C.

916 Washington Ave, Suite 309, Bay City, MI 48708 (989) 893-3518

Frost and Danielak Attorneys

319 Center Ave, Suite 405, Bay City, MI 48708 (989) 893-3111

MI Choice

Medicaid Home, Community Based Waiver, & PACE

The waiver program is a long-term care program that provides an array of home-based services for those that are **medically** and **financially** eligible for nursing home care. Age requirements differ depending on the program. It is designed to help frail elderly and disabled persons avoid unnecessary or premature nursing home care and to support family and private caregivers. *This does not include ongoing 24-hour care, nor does it replace informal support.* This is a supplement to family, friends, neighbors, and other caregivers that make up the informal support system.

A waiver team, normally a Registered Nurse and a Licensed Social Worker, conducts a comprehensive assessment, develops a plan of care and arranges for appropriate supportive services to be put in place. The team regularly monitors the person's needs. Participants receive the basic services that Michigan Medicaid covers, and one or more of the following services:

Adult Day Care, Counseling Services, Homemaking, Out of Home Respite Care, Personal Emergency Response System, Environmental Accessibility Adaptations, Specialized Medical Equipment and Supplies, Chore Services, Home Delivered Meals, In-Home Respite Care, Personal Care, Private Duty Nursing, and Non-Medical Transportation.

Please call for more information, or to place a referral:

Great Lakes PACE – Programs for All-Inclusive Care.

3378 Fashion Square Blvd Saginaw, MI 48603 (989) 272-7610

https://www.greatlakespace.org/

Region VII Area Agency on Aging

1615 S. Euclid Ave

Bay City, MI 48706

1-800-858-1637 or (989) 893-4506

https://region7aaa.or

A & D Home Health Care, Inc.

3150 Enterprise Dr.

Saginaw, MI 48603

(989) 249-0004 or 1-800-884-3335

https://www.a-dhomecare.com/

BAY COUNTY HOUSING LIST SUBSIDIZED HOUSING

NAME, ADDRESS, PHONE	BEDROOMS	RENT/ DEPOSIT	UTILITIES INC	ELIGIBLITY
AUBURN SQUARE APARTMENTS	1		WATER	REGULATED
4815 GARFILED RD	2		SEWER	
AUBURN, MI 48611			TRASH	
989-486-9332			HEAT	
BANGOR DOWNS	1	30% OF	SEWER	BASED ON
3325 ALARIE DR	2	GROSS	TRASH	INCOME &
BAY CITY MI 48706	3-TOWN	INCOME	WATER	FAMILY
989-686-4130	4- TOWN			SIZE
BAYTOWN FAMILY				
NEIGHBORHOOD	1	30 % OF	WATER	BASED ON
1114 N. JACKSON ST	2	GROSS	SEWER	INCOME &
BAY CITY, MI 48708	3- TOWN	INCOME	TRASH	FAMILY
989-892-9111	4- TOWN			SIZE
	· · · · · · · · · · · · · · · · · · ·			
BRAMBLEWOOD COOPERATIVE	1	30 % OF	HEAT	BASED ON
3258 KIESEL RD	2	ADJUSTED	WATER	INCOME &
BAY CITY, MI 48706	2-TOWN	INCOME	SEWER	FAMILY
989-684-4500	3-TOWN		TRASH	SIZE
	4- TOWN			
	г г		<u> </u>	т — 1
HEATHER DOWNS APARTMENTS	1		NONE	OPEN
174 MOLL ST	2			
AUBURN, MI 48611				
989-486-9332				
	T		1	,
TRADEWINDS EAST	1		WATER	OPEN
5010 TRADEWINDS DR	2		SEWER	
ESSEXVILLE, MI 48732	2-TOWN		TRASH	
989-894-0625	3- TOWN			

WHISPERING PINES 101 WHISPERING PINES #64 PINCONNING, MI 48650 989-879-4024	1 2		NONE	BASED ON INCOME & FAMILY SIZE
BAY CITY HOUSING COMMISSION 315 14TH ST BAY CITY, MI 48708 989-892-9581	1	30 % OF ADJUSTED INCOME	HEAT WATER SEWER TRASH	SEE PAGE 10
BRADLEY HOUSE 100 15TH ST BAY CITY, MI 48708 989-893-2007	1 2	30 % OF ADJUSTED INCOME	HEAT WATER SEWER TRASH	62 & OLDER 50 WITH DISABLITIES
CENTER RIDGE ARMS 798 N PINE RD ESSEXVILLE, MI 989-895-8791	1	30 % OF ADJUSTED INCOME	HEAT WATER SEWER TRASH	18 & OLDER
GARFIELD MANOR 1011 FRASER ST BAY CITY, MI 48708 989-892-4213	1		ELECTRIC/GAS WATER SEWER TRASH	55 & OLDER
LIBERTY SQUARE APARTMENTS 311 S 5TH ST LINWOOD, MI 48634 989-486-9332	1 2		WATER SEWER TRASH	55 & OLDER
MIDLAND MANOR APARTMENTS 4700 FOX POINTE DR BAY CITY, MI 48706 989-671-0786	1 2		WATER SEWER BASIC CABLE	55 & OLDER \$15 APP FEE
PINEVIEW APARTMENTS 854 N PINE RD ESSEXVILLE, MI 48732 989-894-0491	1 2		HEAT WATER SEWER TRASH	55 & OLDER

PINCONNING SENIOR APARTMENTS 300 NORTH ST PINCONNING, MI 48650 989-879-6522	1		HEAT WATER SEWER TRASH	62 & OLDER
RIVERWALK MEADOWS	1		HEAT	55 & OLDER
505 GERMANIA ST	2		WATER	
BAY CITY, MI 48706			SEWER	
989-895-5005			TRASH	
VILLAGE OF HAMPTON				
MEADOWS	1	30 % OF	WATER	62 & OLDER
700 N PINE RD		ADJUSTED	GAS	
BAY CITY, MI 48708		INCOME	SEWER	
989-892-1912			TRASH	

THE FOLLOWING APARTMENTS ARE PART OF THE CITY COMMISSION AND MUST APPLY WITH THE THE CITY COMMISSION, **NOT** AT THE APARTMENT COMPLEX.

PINE TOWERS APARTMENTS	1	30% OF	HEAT	SENIOR
306 S WALNUT ST	2	ADJUSTED	WATER	ONLY
BAY CITY, MI 48706		INCOME	SEWER	BUILDING
989-439-1778			TRASH	
MAPLEWOOD MANOR	1	30% OF	HEAT	SENIOR
1200 N MADISON AVE	2	ADJUSTED	WATER	ONLY
BAY CITY, MI 48708		INCOME	SEWER	BUILDING
989-892-9581			TRASH	
SMITH MANOR	1	30% OF	HEAT	SINGLE
600 N VANBUREN ST	2	ADJUSTED	WATER	PERSON
BAY CITY, MI 48708		INCOME	SEWER	55 & OLDER
989-892-6781			TRASH	ELDERLY
MALONEY MANOR	1	30% OF	HEAT	SINGLE
210 FITZHUGH ST	2	ADJUSTED	WATER	PERSON
BAY CITY, MI 48708		INCOME	SEWER	55 & OLDER
989-892-95810			TRASH	ELDERLY

BAY COUNTY HOUSING LIST NON SUBSIDIZDED HOUSING

NAME, ADDRESS, PHONE	BEDROOMS	RENT/ DEPOSIT	UTILITIES INC	ELIGIBLITY
				\$13 APP
ALDERWOOD APARTMENTS	1		WATER	FEE
4015 CAMBRIA DR	2		SEWER	
BAY CITY, MI 48706	3		TRASH	
989-667-1358				
	Г		1	\$35 APP
BAY MANOR APARTMENTS	1		SEWER	FEE
3465 KIESEL RD	2		TRASH	
BAY CITY, MI 48706			WATER	
989-684-7450				
FACIE DIDCE VIII AS	1		WATED.	\$30 APP
EAGLE RIDGE VILLAS	1		WATER	FEE
1910 N VILLA CT			SEWER	
ESSEXVILLE, MI 48732			TRASH	
989-892-9491			HEAT	
HUNTINGTON PLACE	Π			\$30 APP
APARTMENTS	STUDIO		WATER	FEE
837 N SCHEURMANN RD	1		SEWER	
BAY CITY, MI 48708	2		TRASH	
989-892-2751				
			1	Ć 2E A D D
GOLF VIEW APARTMENTS	1		WATER	\$35 APP FEE
1777 GOLF VIEW DR	2		SEWER	
ESSEXVILLE, MI 48732			TRASH	
989-892-1451				
			•	
MIDLAND MANOR APARTMENTS	1		WATER	55 &
4700 FOX POINTE DR	2		SEWER	OLDER
BAY CITY, MI 48706			BASIC CABLE	
989-671-0786				

	1		
			55 &
COUNTRY MEADOWS APARTMENTS	1	WATER	OLDER
3799 STATE STREET RD	2	SEWER	
BAY CITY, MI 48706		TRASH	
989-671-0153			
		HEAT/	\$15 APP
ORCHARD MANOR APARTMENTS	2	WATER	FEE
4720 ORCHARD MANOR		SEWER	
BAY CITY, MI 48706		TRASH	
989-684-7392		BASIC CABLE	
	I		
			\$15 APP
RAVEN LANE APARTMENTS	1	WATER	FEE
4495 RAVEN LANE		SEWER	
BAY CITY, MI 48706		TRASH	
989-684-7392			
363 661 7332			
	Ī		\$15 APP
SHIRWIN JO APARTMENTS	1	TRASH	FEE
200 SHERWIN JO DR			
BAY CITY, MI 48706			
989-684-7392			
	l .		
	I		\$15 APP
VILLAGE SQUARE APARTMENTS	1	НЕАТ	FEE
902 N SCHEURMANN RD	2	WATER	
BAY CITY. MI 48708	_	SEWER	
989-895-5731		TRASH	
303 033 3731	ı	110.011	
			15 APP
WEBB APARTMENTS	1	HEAT	FEE
715 WEBB DR	2	WATER	
BAY CITY, MI 48706	_	SEWER	
989-684-7392		TRASH	
J0J-004-/3J2		TKASH	

Support Groups

Support groups can help to build social networks by giving members a chance to relate to others through sharing and listening to personal experiences.

Traditionally, support groups meet in person but now there are support group forums on the internet which allow members the convenience of meeting online from their own home. This gives members 24-hour support. Support groups may also maintain communication through newsletters, telephone, and mailing lists.

Alzheimer's/Dementia Caregiver Support Group of Bay County

Meets at Golden Horizons Adult Day Care Center the second Tuesday of each month from 6:30-8:30 pm.

1001 Marsac St., Bay City, MI 48708. (989) 892-6644

Dial-In Caregiver Support Group

Meets every fourth Wednesday of the month from 6 pm-7pm.

Call 1-800-272-3900 for inquiries and to register

Online Alzheimer's Support Groups	Facebook Pages
www.dailystrength.org	Memory People
www.alz.org	Alzheimer's and Dementia Support
www.ouralzheimers.com	Dementia Support
www.alzconnected.org	Alzheimer's Inspiration
	Alzheimer's and Dementia
	Caregivers Support

For other support groups in our area call McLaren Bay Regional Hospital at (989)894-3000

Adult Day Care

Adult Day Care (ADC) relieves caregivers of daily duties while ensuring their loved ones still receive necessary care in a safe and friendly environment. The caregiver is able to continue working outside the home, receive help with the physical care of a loved one, avoid the guilt of placing a loved one in an institution, and have respite from what is often a 24/7 responsibility. The care receiver also benefits from adult day care. He or she is able to remain at the home with family, but also has an opportunity to interact socially with peers and to share in stimulating & enriching activities.

A typical day at an ADC center could include supervised care; small group or individual activities such as reminiscence, sensory stimulation, music and art; nutritious meals; personal care, and even transportation. It is highly recommended that you do your research. Visit the center. Some centers are dementia specific, which means that they provide services exclusively to that population, while other centers serve a broader population.

Golden Horizons Adult Day Care

1001 Marsac Street Bay City, MI 48708 (989) 892-6644

Niche Aging Center and Adult Day Care

3405 E. Midland Road Bay City, MI 48706 (989) 684-2273

Available funding: At present, Medicare does not cover ADC costs. The Medicaid Waiver program has the ability to cover ADC costs. Veterans should contact their local VA Hospital (989-497-2500), those with a service connection may be eligible for funding. Some of the ADCs in our area offer need-based scholarships. Others may offer a sliding-scale fee based on income. Individuals with long-term care insurance may also have an ADC benefit available to them.

Pharmacies

Each pharmacy offers services such as a free delivery, allergy screening, refilling options, immunizations, Yellow Jug Old Drug disposal, discounts, filling of the patient's own medication planners, and drive thru pickup. McLaren offers discharge medications to the patient before leaving the hospital.

Please call the individual pharmacy for details on delivery charges, delivery area, delivery days, senior discounts and specific services.

Anderson Pharmacy

1108 Marquette Avenue Bay City, MI 48706 (989) 684-8905

Mon-Fri: 9:00am – 7:00pm Sat: 9:00am – 3:00pm

Sun: Closed

CVS Pharmacy

101 North Euclid Ave Bay City, MI 48706

Mon-Fri: 8:00am -10:00pm Sat: 8:00am - 10:00pm Sun: 8:00am - 10:00pm

Kroger Food & Pharmacy: Locations

945 North Euclid Avenue Bay City, MI 48706 (989) 686-3592

Mon-Fri: 9:00am – 8:00pm Sat: 9:00am – 6:00pm Sun: 11:00am – 6:00pm

Layerer's Pharmacy

1100 Columbus Avenue Bay City, MI 48708 Mon-Fri: 9:00am-7:00pm Sat: 9:00am – 3:00pm

Sun: Closed

Maplewood Pharmacy

920 North Johnson Street Bay City, MI 48708 (989) 892-4531 Mon-Fri: 9:00am – 6:30pm

Sat: 9:00am – 2:00pm

Sun: Closed

2910 Center Avenue Essexville, MI 48732 (989) 892-0313

Mon-Fri: 9:00am – 9:00pm Sat: 9:00am – 6:00pm Sun: 11:00am – 6:00pm

Pharmacies Continued

Meijer Pharmacy: Locations

595 North Pine Road Bay City, MI 48708 (989) 891-1510

Mon-Fri: 8:00am-9:00pm Sat: 9:00am-7:00pn Sun: 10:00am-6:00pm

Pinny Pharmacy (Town & Country)

704 S Mable Street Pinconning, MI 48650 (989) 879-7705

Mon-Fri: 9:00am-6:00pm Sat: 9:00am-1:00pm

Sun: Closed

Rite Aid Pharmacy: Locations

500 Lafayette Avenue Bay City, MI 48708 (989) 892-5300

Mon-Sun: 9:00am-9:00am

3880 Wilder Road Bay City, MI 48706 (989) 686-5800

Mon-Sun: 9:00am-9:00am

Sabourin's Pharmacy

1461 South Huron Road Kawkawlin, MI 48631

(989) 667-4877

Mon-Fri: 9:00am – 6:00pm

Sat-Sun: Closed

Southside Pharmacy

1002 Lafayette Avenue Bay City, MI 48708 (989) 891-9999 Mon-Fri: 9:00am – 6:00pm

Sat: 9:00 am – 2:00pm

Sun: Closed

Wackerly Pharmacy

310 E Midland Road Auburn, MI 48611 (989) 662-7773

Mon-Fri: 9:00am – 6:00pm Sat: 10:00 am – 2:00pm

Sun: Closed

2980 E Wilder Road Bay City, MI 48706 (989) 667-9510

Mon-Fri: 8:00am-9:00pm Sat: 9:00am-7:00pn Sun: 10:00am-6:00pm

901 West Midland Road Bay City, MI 48706 (989) 684-9370

Mon-Sun: 9:00am-9:00am

1490 West Center Road Essexville, MI 48732 (989) 892-1565

Mon-Sun: 9:00am-9:00am

Walmart Pharmacy

3921 Wilder Road Bay City, MI 48706 (989) 684-1887 Mon-Fri 9:00am – 9:00pm

Sat: 9:00am – 7:00pm Sun: 10:00am – 6:00pm

Physicians Who Make House Calls

Do you remember "the good old days" when the doctor came to you when you were sick? Believe it or not, those good old days are still here!

The following physicians provide medical care to you when you need it and where you need it. Services are covered by Medicare and most other insurances. Please contact each provider to discuss your particular insurance coverage, deductible and co-pays.

Visiting Physician Association

(888) 742-9346

www.visitingphysicians.com

Physicians In Home Services

Dr. Fleetwood (989) 692-0780 -or-(810) 239-7684

Northview Medical House Calls

(888) 758-5709

www.northviewmedicalhousecalls.com

In-Home Dental Link of Michigan

Dental provider that provides home visits to older adults who have not seen a dentist in at least one year. There are fees for this service.

Contact Holly Schaeffer

(989) 495-3756 or <u>ihdlom@gmail.com</u>

In-Home Care (Private Duty)

At any given time, 70% of people with Alzheimer's disease and dementia are living in their own homes. Their ability to function independently will be gradually lost and in order to remain safely in their homes they will require assistance with their activities of daily living. In home care is an alternative to an assisted living facility or nursing home. In home caregivers can assist with daily tasks such as personal care, dressing, and grooming, toileting, meal preparation, medication reminders, laundry, housekeeping, shopping and errands, transportation and assistance with bill paying. Some even offer medical care such as feeding tubes, Foley/ostomy, IV therapy, tracheotomy, ventilator and wound care. In home care also offers respite for caregivers and companionship for clients.

Generally, these services are paid for "out of pocket". Limited funding may be available through community programs such as the VA or the Medicaid Waiver Program. Other agencies may provide limited services and/or scholarships that can assist with funding. Long Term Care policies may also provide for care in the home.

Whether you are looking for care to come in for a couple hours a day, or a caregiver who will provide 24-hour care, we strongly urge you to check the background and references of each and every person who comes into your home. Please remember to also ask about licensing from the state and/or liability insurance. **Do your research!!!**

A&D Home Health Care

3150 Enterprise Drive Saginaw, MI 48603 (989) 249-0929 or 1-800-884-3335 http://a-dhomecare.com

Almost Heaven

1852 W. Midland Road Auburn, MI 48611 (989) 662-7651

At Home Care For You, LLC

2626 W. Salzburg Rd Freeland, MI 48623 (855) 704-6355

Bayside Home Care

800 Washington Ave Bay City, MI 48708 (989) 941-0555

ComForCare Home Care

515 North Washington Ave Suite 404 Saginaw, MI 48607 (989) 752-5501 www.comforcare.com

Comfort Keepers

701 East Midland Street Bay City, MI 48706 (989) 684-8448 www.comfortkeepers.com

Compassionate Care Home Health Services

6165 Bay Road, Suite B Saginaw, MI 48604 (989) 792-5400 www.compassionatecaremi.com

Dobson Healthcare Center

3741 Wilder Road, Suite B Bay City, MI 48706 (989) 667-4772 or (866) 866-8984 www.dobsonhealthcare.com

Faith and Family Home Help Services

1840 N. Michigan Ave. Suite 206 Saginaw, MI 48602 (989) 272-6021 http://faithandfamilyhomehelp.com

In Home Care Continued

Great Lakes Home Care Unlimited, LLC

4912 Mac St. Midland, MI 48640 (989) 486-8283 http://www.glhcu.com

In Your Golden Years

1014 Columbus Avenue Bay City, MI 48708 (989) 892-7572 http://www.inyourgoldenyears.com

McLaren Home Care & Hospice

2110 16th Street, Suite 7 Bay City, MI 48708 (800) 840-3147

Primary Home Care

Four Flags Center Office 635 North Center Road Saginaw, MI 48638 (989) 793-6674 http://primaryhomecare.com

Promedica

1426 Straits Drive Bay City, MI 48706 (989) 667-8137 http://www.heartlandhomehealth.com/BayCity

Right At Home Health Care

5103 Eastman Avenue, Suite 147 Midland, MI 48640 (989) 486-9557 https://www.rightathome.net/northern-michigan

Seasons Change Home Health Care

(800) 392-3660 http://www.seasonschangehomehealth.com

Southern Care Hospice

6272 State Street
Saginaw, MI 48603
(989) 790-7533
http://southerncarehospice.com

Visiting Angels

527 N. Franklin Street, Suite C Frankenmuth, MI 48734 (989) 349-0579 http://visitingangels.com

Respite Care Facilities

Respite Care refers to a short time of rest of relief. Some nursing homes, assisted livings, and other residential facilities offer short term stays of a few days or a few weeks. Please contact each site or phone number for details.

Bayfield Assisted Living

3932 Monitor Road Bay City, MI 48706 (989) 684-9600 http://bayfieldassistedliving.com

Bickford Cottage of Saginaw Township

5275 Mackinaw Road Saginaw, MI 48603 (989 799-9600

http://www.enrichinghappiness.com/branch/bickford-of-saginaw-township

Brookdale Senior Living

734 North Pine Road Bay City, MI 48708 (989) 892-2600

https://www.brookdale.com/en/communities/brookdale-bay-city.html?cid=yext

Symphony Tri-Cities

6700 Westside Saginaw Road Bay City, MI 48706 (989) 667-9800

Linwood Residence Assisted Living

200 South Fourth Street Linwood, MI 48634 (989) 697-3344

http://webpages.charter.net/deehayati/default.html

Saginaw Senior Care & Rehab

4322 Mackinaw Road Saginaw, MI 48603 (989) 792-8729 http://saginawscr.com

Transportation

Bay Metro Transit 1510 N. Johnson Street (989) 894-2900

Dial-a-Ride – **Bay DART** 1510 N. Johnson Street (989) 894-0631 (888) 237-6635

Bay County Department on Veteran Affairs

The Bay County Department of Veteran Affairs provides information, referrals, and support services to honorably discharged, wartime veterans and their families. Veteran programs and benefits are available at all levels of government (federal, state, and local). If you are a veteran and in need of benefits assistance, please contact our office at (989) 895-4190 to speak with one of our representatives.

Office Hours

Monday - Friday: 8:00 a.m. - 5:00 p.m.

Closed for lunch from Noon to 1:00 p.m.

Skilled Nursing Facilities (a.k.a Nursing Homes)

Nursing homes are facilities licensed by the Division of Licensing & Regulatory Affairs, Bureau of Community and Health Systems which provide nursing care and medical treatment.

There are three types of nursing home care: "intermediate", "skilled", and "custodial". "Skilled" care provides 24-hour medical supervision, skilled nursing care, or rehabilitation. This care is ordered by a doctor. "Intermediate" care provides assistance with a person's activities of daily living (ADL's), and some health services and nursing supervision (but do not require 24-hour care). "Custodial" care provides assistance with a person's ADL's and personal care (but do not need the help of a practical nurse). Each facility will offer slightly different care, so make sure to check what services and care is specific to each facility.

Bay County Medical Care Facility

564 W. Hampton Rd. Essexville, MI 48732 (989) 892-3591 www.baycountymcf.com

Bay Shores Senior Care and Rehab Center

3254 E. Midland Rd. Bay City, MI 48706 (989) 686-3770

The Carriage House of Bay City

2394 Midland Road Bay City, MI 48706 (989) 684-2303 administrator@thecarriagehousebc.com

Heartland Health Care Center-Hampton

800 Mulholland Rd. Bay City, MI 48708 (989) 895-8539 Hampton@heartlandnursing.com www.heartland-manorcare.com

Huron Woods Nursing Center

1395 S. Huron Rd. Kawkawlin, MI 48631 (989) 684-3210 scoughlin@peplinskigroup.com https://peplinskigroup.com

Stratford Pines

2121 Rockwell Drive Midland, MI 48642 (989) 633-5350

Symphony Tri-Cities

6700 Westside Saginaw Rd. Bay City, MI 48706 989-667-9800

*If you are concerned about the treatment of a loved one in a long-term care setting, please contact Region VII AAA at 1-800-858-1637 and ask for the Ombudsman Program.

To review Nursing Home State Surveys, go to: www.Medicare.gov then click on Nursing Home Compare

Assisted Living

What is Assisted Living?

Assisted living is for people who need help with daily care, but not as much help as a nursing home provides. Assisted living facilities range in size from as few as 25 residents to 120 or more. Typically, a few "levels of care" are offered, with residents paying more for higher levels of care.

Assisted living residents usually live in their own apartments or rooms and share common areas. They have access to many services, including up to three meals a day; assistance with personal care; help with medications, housekeeping, laundry; 24-hour supervision, security, on-site staff; and social and recreational activities. Exact arrangements vary from state to state. Generally, these facilities are paid for "out of pocket". However, some long-term care policies and/or VA programs may cover some of the expenses.

Auburn Fields

4710 Stephanie Ct. Auburn, MI 48611 (989) 662-4100 www.auburnfieldsliving.com

Auburn Heights Senior Care

110 N. Auburn St. Auburn, MI 48611 (989) 662-2099

Barton Woods Assisted Living

9472 Kochville Rd Freeland, MI 48623 (989) 695-5380

Bay City Comfort Care

4130 Shrestha Dr. Bay City, MI 48706 (989) 545-6000

Bayfield Assisted Living

3932 Monitor Road Bay City, MI 48706 (989) 684-9600 www.bayfieldassistedliving.com

Bay Valley Assisted Living

5113 Reinhardt Bay City, MI 48706 (989) 450-8769

Brookdale Senior Living & Memory Care

734 North Pine Road Bay City, MI 48708 (989) 892-2600

Charter Senior Living

568 N Pine Road Bay City, MI 48708 (989) 778-1713

Close to Home Assisted Living

581 N. Scheurmann Bay City, MI 48708 (989) 684-7060

The Colonnades

2448 Midland Road Bay City, MI 48706 (989) 684-7060 www.thecolonnadesbc.com

Stone Crest Assisted Living

255 N Main Street Freeland, MI 48623 (989) 695-5035

Symphony of Tri-Cities

6700 Westside Saginaw Rd. Bay City, MI 48706 (989) 667-9800

Assisted Living

Smith Street

Assisted Living Home 1204 E. Smith St. Bay City, MI 48706 (989) 297-0384

New Hope Bay

668 N. Pine Road Bay City, MI 48708 (989) 414-2273

Niche Aging Center

3405 E. Midland Road Bay City, MI 48706 (989) 684-2273

Linwood Residence

200 Fourth Street Linwood, MI 48634 (989) 697-3344

Plainview Assisted Living

202 Plainview Auburn, MI 48611 (989) 662-7202 www.plainviewassistedliving.org

Rachel Sovereign Memorial Home

(Women only) 614 Center Avenue Bay City, MI 48708 (989) 892-8493

Sheffield Bay

4471 Sheffield Place Bay City, MI 48706 (989) 684-6800 www.sheffieldplace.com **Woodhaven Senior Living** 3740 Two Mile Road Bay City, MI 48706

(989) 439-9333

More information on Assisted
Living and other housing options
may be found at
"seniorpreference.com" and
clicking your local addition. Copies
are also available at Bay County
Department on Aging and Region

VII Area Agency on Aging.

Hospice

Hospice provides medical care, pain management, and emotional and spiritual support for people who are diagnosed with a terminal illness, including people with Alzheimer's disease and other dementias. The main purpose of hospice is to allow the individual to die with dignity; without pain and other distressing symptoms that accompany terminal illness. Most hospice patients receive care in their own home; however, hospice is available wherever the person resides. Medicare is the primary source of payment for hospice care. In 2008, 6% of all people admitted to hospice programs in the U.S. had a primary diagnosis of Alzheimer's disease. An additional 11% had a primary diagnosis of non-Alzheimer's dementia.

Hospice vs. Palliative Care

Palliative care focuses on the relief of pain, stress, and other debilitating symptoms of serious illness. It is not dependent on prognosis and can be delivered at the same time as curative treatment. The goal is to relieve suffering and to provide the best possible quality of life for patients and their families. Many, if not all of the aforementioned agencies also administer palliative care programs.

Americans Hospice Care

2575 Mcleod Dr. N. Saginaw, MI 48604 (989) 791-7951 www.ahhcmi.com

Bay Visiting Nurse and Hospice

3140 W. Campus Drive Bay City, MI 48706 (989) 686-9866

Brian's House

664 W Nebobish Road Essexville, MI 48732 (989) 892-4616

The Care Team Hospice

3226 Fashion Square Blvd. Saginaw, MI 48603 (989) 341-4920

Compassus

5889 Bay Road Suite 103 Saginaw, MI 48604 (989) 268-7039

Grace Hospice

1484 Straits Dr. Bay City, MI 48708 www.ghospice.com

Promedica/Heartland

1426 Straits Dr. Bay City, MI 48708 (989) 667-3440 www.heartlandhospice.com

McLaren Home Health Care

2110 16th street Bay City, MI 48708 (989) 667-2322

Cardinal Hospice

6907 Westside Saginaw Road Bay City, MI 48706 (989) 401-8033

Toni & Trish House

4699 11 Mile Road Auburn, MI 48611 www.toniandtrishhouse.org

For more information contact:

Hospice of Michigan

(888) 247-5701 www.hom.org

-or-

Michigan Hospice and Palliative Care Organization (M.H.P.C.O.)

(800) 536-6300 www.mihospice.org

Other Community Services

211 of Northeast MI – Provides referrals and information to assist with essential needs. Simply dial 211 or (888) 636-4211

Bay Arenac Behavioral Health Services - (800) 448-5498 or (989) 895-2300

Adult Protective Services Centralized Intake - (855) 444-3911

Alzheimer Support—is a free service that assists Bay families who have loved ones with Alzheimer's disease or dementia. Through our free search tool and database of Alzheimer's care facilities, families in need of care for their loved ones can locate licensed care homes and communities in the Bay area that are best equipped to provide care for their loved ones.

https://www.alzheimersupport.com/memory-care/michigan/

Alzheimer's Helpline- 1(800) 272-3900.

Alzheimer's Store- 1(800) 752-3238 or visit www.alzstore.com.

Bay Area Housing (Independent Living and Apartments - 989-893-9292

Bay County Health Department- (989) 895- 4009

Bay County Smart 911 - Smart911 is the only way to provide lifesaving information directly to 9-1-1 and first responders in an emergency. Smart911 is free, private, secure. **Go to "Smart911.com" to create your profile.**

Disability Network Mid-Michigan - (989) 835-4041 or visit http://www.dnmichigan.org/

Disability Services Resource Center of Bay County - Ramps and Medical Equipment Lending (RX required) - (989) 895-5444

Medicare Medicaid Assistance Program – (800) 803-7174

Michigan Department of Health and Human Services – Apply for Medicaid – assistance with medical, food, housing, utilities. 1399 W. Center Road Essexville, 48732 (989) 895-2100

Mid-Michigan Community Action Agency - Food Commodities and Utility Assistance - (989) 894-9060 (Bay County) or visit https://www.mmcaa.org/

"**Project Lifesaver**" by the ARC of Bay County - (989) 893-1346 Keep wandering loved one's sage with Project Lifesaver.

"Safe Return" - A nationwide program, through the Alzheimer's Association, that provides 24/7 assistance to a person who becomes lost. Call 1(800) 272-3900.

Salvation Army – Food assistance. 401 10th Street Bay City, 48708 (989) 893-3041

Tuesday Toolman Program by United Way of Bay County - Minor home maintenance to low-income households. You purchase materials. (989) 893-7508

Social Security – (800) 772-1213

United Way of Bay County - (989) 893-2211

VA Aid and Attendance – Veterans (or their surviving spouse) may be eligible for a monthly cash benefit to help with their medical expenses or care needs. Call (989)895-4190 and speak to an eligibility specialist.

The Bay County Department on Aging makes no representation that this guide is absolutely accurate or complete. Errors and omissions, whether typographical, clerical, or otherwise, do sometimes occur. The listing of an agency is not an endorsement of its work, nor is the exclusion of an agency a disapproval of its work.

Copies of this resource manual can be accessed at:

Bay County Department on Aging Website: http://www.baycounty-mi.gov/Aging (989) 895-4100